

MENTAL HEALTH FIRST AIDER INFORMATION BOARD



WE OPEN THE WAY

Your Mental Health First Aiders are:



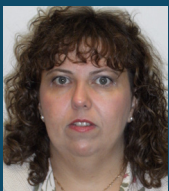
Pat Sheehan
Rowfant
07836 761262



Andrew Rothery
Grantham
01476 404 200



Megan Walker
Bishops Court
07880 463 569



Gail Gibbons
Portsmouth
02392 310 970



Mark Durrands
Grantham
07771 807 144



Eamon Rodgers
Bishops Court
07957 978 605



Andy Cooper
Portsmouth
07872 162 797



Maria Carley
Grantham
01476 404 200



Duncan Smith
Bishops Court
07871 902 159



Paul Allen
Portsmouth
07979 735 960



Steven Brooks
Grantham /
Birmingham
07748 984 668



Ravinder Jandu
Bishops Court
07880 434 829



Dennis Rickard
Peacehaven
07917 006 694
01293 602 000



Carl Arandle
Birmingham
07771 594 974



Andy Bennett
Bishops Court
07596 729 233



Ryan Jupp
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Charlotte Baker
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Kevin Nevin
Bishops Court
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Colas Employee Assistance:
Health Assured EAP: 0800 389 0285

National Helplines:
Samaritans: 116 123
Mind: 0300 123 3393



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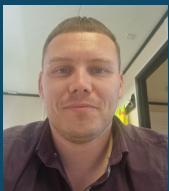
Andy Bond
A46 Stoneleigh
07912 970 104



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Leeds
07944 674 376



Jamie Reardon
Rowley Regis
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Chris Gibson
Morley, Leeds
07393 239 002



Pat Slicker
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07977 931 141



Dara Biku
Rowley Regis
07721 127 936



Wayne Houghton
Morley, Leeds
07860 754 340



Stacey Sandbach
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07469 915 130



Chris Harris
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07826 941 689



Craig Wallis
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07920 723 220



Peter Hollick
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07860 341 972



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Your Mental Health First Aiders are:



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